

Sew Inspired Design System Overview Workshop & Supply List
By Sara Miller



The Sew Inspired Overview Workshop is designed to teach all levels of quilters from beginners to advanced quilters all the possibilities and techniques to use and design your own unique quilts with ease. The workshop teaches students to make the create the perfect curved pieced blocks that can be mixed and matched with each other to create endless possibilities.

The quilts pictured above are just a few quilts that you will be able to create once you learn the system's potential and all the tips and tricks to creating all the variation of curved pieced block that fit together perfectly, like a puzzle . Sara will teach how to make perfect, pucker-free, precisely accurate blocks with her unique fast, fun, foolproof & pin-less method for curved piecing. Students will learn all the different blocks that can be cut with these versatile templates, as well as tips for accurate & safe rotary cutting. You will learn how to use the Sew Inspired Design System to make unlimited creative and innovative quilt designs. This workshop teaches the basic block construction, design elements, as well as tips on color theory, fabric selection and lots more.

The Sew Inspired Design System templates will be available for students to use during class & Sara will have the templates available for students if they wish w to purchase them. (You do not need to have or purchase the templates to take the workshop.) If you already

own the templates, please bring them to class with your name printed on them with permanent marker.

Supply List for Workshop:

- Basic sewing supplies
- Sewing Machine in good working order
- Recommended Machine Feet : ¼ inch foot (with guide if available for your machine)
- 28 mm Rotary Cutter (Note: 45mm & 60mm are too large for cutting the around the curves)
- small cutting Mat 18" x 24" or 12" x 12" are the best size mats
- 1- roll of ¼" Wash-a-Way Wonder Tape – By W.H. Collins Inc. or Dritz
- Thread: Neutral Colored (Beige or Grey) Cotton Sewing Thread.
- Needles: Universal 80/12 needle for piecing
- Straight cutting ruler 12" or greater
- Sharp #2 pencil or mechanical pencil
- Iron & ironing surface (optional)
- Spray starch

Important Notes: Please have all fabric starched and pressed prior to coming to class. Once your fabric is pressed do not fold it; either hang it flat on a skirt hanger, or roll it on an empty wrapping paper roll, so that you don't re-create your fabric.

Also it is imperative that you bring a 28mm rotary cutter and not a bigger one, as you can't cut around the curves with a blade bigger than 28mm.

I will have Wash away Wonder Tape available for purchase during the class, if you can't find it at your local quilt shop.

I will have templates available for all students to use during class. Templates will be available for purchase for anyone who wishes to purchase them at the workshops.

Recommended fabrics:*

We will not be making a specific quilt for this class, but will be working on cutting and constructing all the basic blocks. So your fabric selections are very flexible. You can use fabrics that you may already have in your stash. If you want to be able to put the blocks that we will be working on into a sampler type quilt, then you will want to bring a mixture of about 10 -15 Fat quarters, & a few 1/2 yard cuts of fabrics that will co-ordinate for a single quilt. Batiks work great for this type of quilt. You should try to get a good range of values - a few lights, some medium values and some Dark fabrics.